

# Greater Atlanta Speech and Language Clinics

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*Working Together for a Greater Tomorrow*

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## CONFIDENTIAL FEEDING QUESTIONNAIRE FOR EVALUATION

(All information provided is strictly confidential and will not be provided to any other agency without your written consent.)

Child's Name: \_\_\_\_\_ Evaluation Date: \_\_\_\_\_

Child's Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Occupation: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Occupation: \_\_\_\_\_

### I. GENERAL INFORMATION

#### Primary Reason for Referral (Please circle all that apply)

- a. My child is feeding tube dependent and accepts little food by mouth
- b. My child mostly get nutrition by drinking formula
- c. My child has lost weight (\_\_\_\_\_ pounds)
- d. My child only eats certain food/ is extremely picky
- e. My child has poor self-feeding skills
- f. My child eats too much or is gaining weight
- g. Other: \_\_\_\_\_

Describe what concerns you have about your child's eating: \_\_\_\_\_

\_\_\_\_\_

When did you first notice this problem? \_\_\_\_\_

List any diagnoses your child has and the professional who made the diagnosis (include dates):

\_\_\_\_\_

\_\_\_\_\_

Has your child received any previous treatment for this specific problem? \_\_\_\_ yes \_\_\_\_no

If yes, where/when: \_\_\_\_\_

Is a second language spoken in the home? \_\_\_\_ Is so, what language? \_\_\_\_\_

Please list other persons living in your home, their ages, and relationship to child:

\_\_\_\_\_  
\_\_\_\_\_

What do you hope to learn from this evaluation and what specific questions do you have or areas do you wish to address? \_\_\_\_\_

\_\_\_\_\_

## II. MEDICAL INFORMATION:

Current Height: \_\_\_\_\_ Current Weight: \_\_\_\_\_

Has a medical provider ever expressed concerns regarding your child's weight and growth? \_\_\_\_ Yes \_\_\_\_ No

If yes, please explain \_\_\_\_\_

### Pregnancy:

Pregnancy Term: \_\_\_\_ Preemie: \_\_\_\_\_ weeks \_\_\_\_ Full-term

Pregnancy Complications: \_\_\_\_ None \_\_\_\_ Gestational Diabetes \_\_\_\_ Anoxia \_\_\_\_ Pre-eclampsia

Other Complications: \_\_\_\_\_

Weight of child at birth: \_\_\_\_\_ pounds, \_\_\_\_\_ ounce

Was there anything unusual in the baby's condition at birth or soon after, such as:

\_\_\_\_ Injury \_\_\_\_ Paralysis \_\_\_\_ Cord wrapped around neck \_\_\_\_ Bruises

\_\_\_\_ Coloring (blue or yellow) \_\_\_\_ Other (explain): \_\_\_\_\_

Was the baby given blood transfusions or exchanges at birth? \_\_\_\_\_

Was the baby given oxygen? \_\_\_\_\_

Were there any problems after birth? \_\_\_\_ Such as: \_\_\_\_ Feeding problems \_\_\_\_ Seizures \_\_\_\_

During infancy, was child fed by bottle \_\_\_\_, breast \_\_\_\_, combination \_\_\_\_\_

At what age were solids introduced? \_\_\_\_\_

**III. HEALTH HISTORY**

1. Check any illnesses the child has had. Specify information, such as age, degree of temperature, medical treatment received:

_____ Measles	_____ Meningitis
_____ Whooping Cough	_____ Poliomyelitis
_____ Scarlet Fever	_____ Encephalitis
_____ Influenza	_____ Epilepsy
_____ Chicken Pox	_____ Convulsions/ Seizures
_____ Mumps	_____ Falls or blows to the head
_____ Tonsillitis	_____ Frequent Ear Infections
_____ Allergy	_____ Frequent Colds
_____ Pneumonia	_____ Bronchitis
_____ Asthma	_____ Cardiac Issues
_____ Constipation	_____ Urinary Tract Infections
_____ Other	

2. If you child has had more than one ear infection, how old was the child when the ear infections occurred?

\_\_\_\_\_

3. How were the ear infections treated (antibiotics, tube, etc.)? \_\_\_\_\_

4. Check any surgery your child has had. Specify date of surgery, where, duration of hospitalization, and attending physician:

\_\_\_\_\_ Tonsillectomy \_\_\_\_\_

\_\_\_\_\_ Adenoidectomy \_\_\_\_\_

\_\_\_\_\_ Ear Surgery, any type \_\_\_\_\_

\_\_\_\_\_ Orthopedic Surgery, any type \_\_\_\_\_

\_\_\_\_\_ Cardiac Surgery, any type \_\_\_\_\_

\_\_\_\_\_ Other \_\_\_\_\_

3. Is the child presently on medication? \_\_\_\_\_ If so, specify by name and reason prescribed:

\_\_\_\_\_

4. Does any member of the family have similar problems that the child has? \_\_\_\_\_

If yes, describe who and what the problem was \_\_\_\_\_

\_\_\_\_\_

5. Is child allergic to food, drink, insect bites, etc: \_\_\_\_\_ Explain: \_\_\_\_\_

\_\_\_\_\_

At what age did your child:

- |  |  |
|--|--|
| <input type="checkbox"/> Lift head while on stomach        | <input type="checkbox"/> Drink from a straw                  |
| <input type="checkbox"/> Roll over front to back           | <input type="checkbox"/> Drink from a cup without help       |
| <input type="checkbox"/> Sit alone                         | <input type="checkbox"/> Use a spoon                         |
| <input type="checkbox"/> Crawl on all fours                | <input type="checkbox"/> Stop wearing diapers during the day |
| <input type="checkbox"/> Stand alone                       | <input type="checkbox"/> Pedal a tricycle                    |
| <input type="checkbox"/> Walk holding on to the furniture  | <input type="checkbox"/> Ride a bike                         |
| <input type="checkbox"/> Walked independently              | <input type="checkbox"/> Walk down stairs unassisted         |
| <input type="checkbox"/> Give up a bottle during the night |  |

#### IV. Bowel Habits:

Frequency of Bowel Movements: \_\_\_\_\_ times per (circle one): day week

Consistency: hard soft loose watery

Is your child toilet trained?  Yes  No

Are there any concerns with toileting?  No  Yes \_\_\_\_\_

#### V. HOW DOES YOUR CHILD EAT/DRINK NOW?

1. Is your child currently allowed to eat by mouth? Yes No

2. Is your child currently allowed to drink by mouth? Yes No

#### Current Feeding Skills (check all that apply)

\_\_\_\_\_ drinks from bottle \_\_\_\_\_ held by caregiver \_\_\_\_\_ child holds bottle

\_\_\_\_\_ feeds self with fingers \_\_\_\_\_ feeds self with spoon \_\_\_\_\_ with help \_\_\_\_\_ without help

\_\_\_\_\_ feeds self with fork \_\_\_\_\_ with help \_\_\_\_\_ without help

\_\_\_\_\_ drinks from open cup/glass \_\_\_\_\_ with help \_\_\_\_\_ without help

Describe any special diet that you adhere to for your child (Kosher, gluten-free, etc.)

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Please indicate your child's typical mealtime schedule and sample meals. Give approximate amounts.

	Sample/Typical meal and how much offered	Amount child actually eats
Breakfast		
AM Snack		
Lunch		
PM Snack		
Dinner		
Other:		

Describe the sequence in which food is offered to your child (e.g., liquids always first, etc.):

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Does your child's food habits and preferences match the family's? Yes No

Does your child eat little meals and snacks throughout the day? Yes No

Your child's appetite is best described as (circle one): poor fair good excellent

How long does it take for your child to complete a meal? (circle one)

less than 10 minutes 10-20 minutes 20-30 minutes over 60 minutes

How does your child show hunger? \_\_\_\_\_

Do any foods cause physical problems when eaten? \_\_ No \_\_ Yes (Please

Explain)\_\_\_\_\_

Does your child have any food allergies \_\_\_ No \_\_\_ Yes (please list)

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### Food Textures

Please check (✓) your child's current ability to eat a variety of food textures:

Texture	Eats easily	Eats with difficulty	Refuses	Cannot eat	Never tried
Baby food					
Pureed table food					
Mashed table food					
Dissolvables (e.g. puffs, veggie sticks, cheerios)					
Chopped table food					
Soft table food (e.g. pancakes)					
Crunch table food (e.g. crackers, apple)					
Difficult to chew table food (e.g. meat)					

Please give examples of food your child will eat from all food groups

Food Group	Examples
Fruit	
Vegetables	
Protein (meats/eggs)	
Dairy (milk/cheese/yogurt)	
Grains (bread/cereal/pasta/rice)	

My child has the following behaviors that are problems at meals:

Head turning	Aggression
Pushing away the spoon	Does not remain sitting
Screaming/Crying	Leaving the table
Throwing food	Gagging/Vomiting
Making negative statements	Holds food in mouth/refuses to swallow
Eats a limited variety of food/selective	Refuses to eat
Eats a limited volume of food	Other:

What strategies have you tried to deal with your child's eating problems?

- |  |   |
|--|---|
| <input type="checkbox"/> distraction during meals (e.g. games, TV) | <input type="checkbox"/> preferred foods                  |
| <input type="checkbox"/> skipping meals                            | <input type="checkbox"/> forcing foods                    |
| <input type="checkbox"/> rewards/punishments                       | <input type="checkbox"/> high calorie supplements/formula |
| <input type="checkbox"/> feeding child when s/he requests food     | <input type="checkbox"/> coaxing                          |
| <input type="checkbox"/> Other _____                               |   |

**VI. Oral Motor:**

Check any of these **problems** that occur for your child:

<input type="checkbox"/>	Drooling	<input type="checkbox"/>	Poor sucking
<input type="checkbox"/>	Tongue Control (tongue thrust, poor mobility)	<input type="checkbox"/>	Lip Control (keeping mouth closed)
<input type="checkbox"/>	Swallowing	<input type="checkbox"/>	Pocketing food (holding food in cheeks/mouth)
<input type="checkbox"/>	Chewing (for children over 1 year)	<input type="checkbox"/>	Overstuffing (too much in mouth at one time)
<input type="checkbox"/>	Hypersensitivity to textures, temperatures, spoon	<input type="checkbox"/>	Teeth grinding
<input type="checkbox"/>	Aspiration	<input type="checkbox"/>	Coughing
<input type="checkbox"/>	Other:	<input type="checkbox"/>	

**VII. ADDITIONAL PARENT COMMENTS**

Please provide your personal observations relative to the child's speech/language/hearing, motor skills, and/or behavior:

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Completed by: \_\_\_\_\_  
Signature

Relationship to client: \_\_\_\_\_

Date: \_\_\_\_\_